

Nolan Catholic Athletic Training

Job Description

ROLE AND PURPOSE:

- Plan, coordinate, and supervise all components of athletic training program for student athletes. Also work under the direction of team physician to carry out activities in the following areas: prevention, evaluation, emergency treatment, physical reconditioning, and rehabilitation of injuries.

QUALIFICATIONS:

Education/Certification:

- Bachelor's degree
- Valid license from Texas Advisory Board of Athletic Trainers
- ATC Preferred, Masters Preferred

Special Knowledge and Skills

- Ability to provide injury prevention and rehabilitation services
- Ability to provide emergency care
- Knowledge of therapeutic modalities and ability to apply appropriate treatment to treat student athletic injuries
- Ability to instruct and supervise student athletes and assistants
- Excellent organizational, communication, and interpersonal skills

MAJOR RESPONSIBILITIES AND DUTIES:

Illness/Injury Prevention and Treatment

- Plan and implement a comprehensive athletic injury and illness prevention program for student athletes.
- Attend and make sure coverage is provided for practice sessions and athletic contests.
- Establish and maintain effective communication with students, parents, medical and paramedical personnel, coaches, and other staff.
- Fit injured athletes with specialized equipment and oversee its use.

- Prepare athletes for games and practices by conducting evaluations and using tape, wraps, splints, braces, and other protective devices as needed.
- Respond to emergencies and make quick, independent judgments about how to deal with injuries.
- Identify acute injuries and provide first-aid triage, including assessing injuries and deciding whether an athlete should seek further medical attention and should discontinue participation in the athletic event.
- Establish specific procedures to be carried out by a coach or student trainer in the event of a medical emergency.

Rehabilitation/Reconditioning

- Plan and put in place a comprehensive rehabilitation and reconditioning program for injuries and illnesses sustained by student athletes.
- Determine therapeutic goals and objectives for individual athletes.
- Apply therapeutic modalities and instruct athletes on proper use of exercise equipment.
- Evaluate and record rehabilitation progress of athletes. Develop criteria for progression and return to practice and competition.
- Follow professional, ethical, and legal parameters regarding use of drugs and therapeutic agents for treatment and rehabilitation of injured athletes.

Administration

- Select, train, and supervise student assistants.
- Compile, maintain, and file all physical and computerized reports, records, and other documents including medical, accident, and treatment records as required.
- Maintain an inventory of training supplies and equipment. Requisition additional supplies as needed.
- Provide Incident reports for necessary injuries to administration team and diocese.
- Work in a professional manner with our medical staff and team physicians.

Supervisory Responsibilities:

- Supervise the work of student assistants.

Equipment Used:

- Exercise equipment and devices including stationary bike, pulleys, weights, whirlpool, ultrasound equipment, cold pack, and more based on the situation.

Classroom Responsibilities:

- No teaching certification required.
- Athletic Training Program is responsible for implementing 2 classes:
 - Athletic Training Clinical Practicum Class (class overseeing athletic training students during athletic period.)
 - Sports Medicine Class (Baseline sports medicine class)
- These two classes and managing the student athletic training program are the sole teaching responsibilities of the athletic trainers.

Mental Demands/Physical Demands/Environmental Factors:

- Maintain emotional control under stress.
- Continual walking and standing; moderate lifting and carrying; stooping, bending, kneeling, and reaching.
- Work outside (exposure to sun, heat, cold, and inclement weather) and inside.
- Exposure to biological hazards, bacteria, and communicable diseases.
- Frequent districtwide and statewide travel; frequent prolonged and irregular hours.