

Diocese of Fort Worth Catholic Schools
Revised COVID-19 Guidance - 2022-2023 School Year

- Masks remain optional for all Catholic schools and parishes
- Water fountains may be reopened; they should be cleaned regularly
- Continue to report all positive COVID-19 results for all students, faculty, and staff to Diocese Nurse Consultant; those who were at higher risk of exposure within school communities will continue to be notified

CDC Guidance for K-12 School and Early Care and Education Programs:

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/k-12-childcare-guidance.html>, updated August 11, 2022.

Strategies for Everyday Operation in Schools – CDC recommendations:

1. Staying up to date on routine vaccinations is essential for teachers, staff, and students.
2. Stay home when sick or if experiencing symptoms of any infectious diseases, and test for COVID-19. <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>
3. Optimize ventilation and improved air quality to reduce the risk of airborne transmission. <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/ventilation.html>
4. Practice good hand hygiene and respiratory etiquette to mitigate the spread of infectious diseases. Teach and reinforce proper handwashing using soap and water, especially before and after eating and after recess. If handwashing is not feasible, use 60% alcohol-based hand sanitizer. Covering of coughs and sneezes decreases the spread of infectious diseases, including COVID-19. <https://www.cdc.gov/handwashing/when-how-handwashing.html> & https://www.cdc.gov/hygiene/personal-hygiene/coughing-sneezing.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fhealthywater%2Fhygiene%2Fetiquette%2Fcoughing_sneezing.html
5. Clean and disinfect all hard surfaces at least once a day to reduce the risk of spreading germs by surface contact. <https://www.epa.gov/coronavirus/about-list-n-disinfectants-coronavirus-covid-19-0> & <https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html>
6. If exposed to COVID–19, continue to wear a high-quality face mask anytime you are indoors and around others for 10 full days; test for COVID-19 at least five full days after last exposure. <https://www.cdc.gov/coronavirus/2019-ncov/your-health/risks-exposure.html> & <https://www.cdc.gov/coronavirus/2019-ncov/your-health/if-you-were-exposed.html>